

Florida Gold Coast 2005 International Age Group Invitational

Fort Lauderdale Aquatic Complex
Fort Lauderdale, Florida
June 23-26, 2005

SANCTIONED BY: Florida Gold Coast LSC of United States Swimming, Inc. *Sanction # 062305-FG6*

SPONSORED BY: Fort Lauderdale Aquatics and the City of Fort Lauderdale

TIME:	<i>TRIALS IN TWO COURSES</i>		<i>FINALS IN ONE COURSE</i>	
		<u>WARM UP</u>	<u>TRIALS</u>	<u>FINALS</u>
<i>Thursday</i>	<i>13-14 / 15-16 / Open</i>	<i>2:30 PM</i>	<i>-----</i>	<i>Timed Finals at 4:00 PM</i> <i>Conducted in 2 Courses</i>
<i>Fri-Sat-Sun</i>	<i>10&U / 11-12 / 13-14</i>	<i>7:00 AM</i>	<i>8:30 AM</i>	<i>5:30 PM</i>
<i>Fri-Sat-Sun</i>	<i>15-16 / Open</i>	<i>7:00 AM</i>	<i>8:30 AM</i>	<i>5:30 PM</i>

NOTE: Trials start times may be adjusted to fit timelines.

NOTE: All Finals will be Championship Final Only - Top Ten

FACILITY: Two - 10 lane, 50 meter pools. Each pool has Colorado timing and separate scoreboard. Prelim will be run in 8 or 9 lanes with 1 lane of continuous warm-up available. Additional warm up may be available in dive well.

ELIGIBILITY: Open to all 2005 registered USA Swimming swimmers & foreign athletes that have been invited by USA Swimming, who achieve an "A" time standard.

REFEREE: Leslie Lunak - Florida Gold Coast.
Teams entering 20 or more swimmers are asked to bring one USA Swimming Certified Official. Each official will be afforded free parking, hospitality, meet polo shirt and other complimentary items. Uniform for officials will be white shirt and KHAKI shorts, slacks or skirt (as appropriate).

ENTRY: **THE FGC DECK SEED POLICY WILL BE IN EFFECT.**
Policy can be seen at www.fgcswim.org

Electronic Entries - Wednesday, June 15, 2005. Entries will be accepted via electronic mail attachment to Jay Thomas at jayfthomas@comcast.net or via mailed 1.44mb disk. Entries must be in "Zipped COMMLINK" or USA Swimming SDIF format. Free text e-mail entries will not be accepted. For e-mail and disk entries **RELAY ONLY** swimmers must be pre-loaded into relays or be annotated as relay only in the body of the e-mail - List swimmer, sex, age, USS #. Event # not required. List all attending coaches and contact phone numbers in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours or entry deadline. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent within 48 hrs. after receipt of file. All entry fees must be paid before the start of the first event.

Mailed (non-Electronic) Entries - Entries will be submitted on the enclosed master entry form, which also serves as proof of entry. **UNATTACHED** swimmers must be annotated as such on the entry form. **RELAY ONLY** swimmers must be listed as such on the master entry form. The current USA Swimming number of each swimmer must be listed on the master entry form. **NO FAX ENTRIES.**

NOTE: Swimmers without registration numbers or birth dates will not be entered.

LODGING: Available on-line at www.fortlauderdale.gov/flac Click on Hotel-Lodging link.

SEEDING: Enter in long course, 50-meters times only.

ENTRY LIMIT: Limit 3 individual events per day (*9 total for the meet*) plus relays.

DEADLINE: All entries must be received by Wednesday, June 15, 2005.

NO FAX ENTRIES

Paper entries, disks & checks to: E-mail entries to:
Fort Lauderdale Aquatics javfthomas@comcast.net
501 Seabreeze Blvd.
Fort Lauderdale, FL 33316

ENTRY FEES: \$3 per SWIMMER, \$3 per INDIVIDUAL EVENT, \$6 per RELAY EVENT

Make checks payable to: Fort Lauderdale Aquatics

*** Note: One Check per Team***

**ENTRY FEES FOR EVENTS NOT ENTERED IN HY-TEK OR SDIF FILE
ARE DOUBLE: \$6 PER INDIVIDUAL EVENT, \$12 PER RELAY EVENT**

SCORING: 11-9-8-7-6-5-4-3-2-1. All relays score double.

AWARDS: Individual: Medals 1-3, Ribbons 4-10. Relays: Ribbons 1-3.
Individual High Point Awards in Each Age Group.
Team: Plaques for 1-3 in Female/Male/Combined categories.

SPECTATOR ADMISSION:

Per session: \$ 4.00 (includes heat sheet)
All Session Pass: \$22.00 (includes heat sheets)
2-day Pass: \$12.00 (includes heat sheets)

SPECIAL INFORMATION IN THE MEET FORMAT:

1. All of Thursday's events including relays are positive check-in by 3:15 pm. Swimmers that do not make the event cut-off may get the opportunity to swim based on the positives check-ins.
2. **All relays are timed finals and will swim in the evening sessions.** After the fastest heat of 800 FR Relay for each age group, remaining teams may be combined with other age groups to swim but will be scored within their age group.
3. The women's 800 FR and the men's 1500 FR are timed final events. Swum fastest to slowest. All ages are swum together, age groups scored separately. Women's 800 FR – **Only Top 120 will swim.** Men's 1500 FR – **Only Top 60 will swim.** Positive check-in required 60 minutes prior to the event. These events will be swum in 10 lanes.
4. 400 IM is a timed final event to be swum fastest to slowest by age group. **Only Top 40 will swim.** Positive check-in required 60 minutes prior to the event. These events will be swum in 10 lanes.
5. 400 Freestyle events will be timed finals, swum by age group. **Only Top 40 will swim.** Fastest 10 seeded swimmers will swim in the finals session. Next 30 seeded swimmers will swim in prelims, slowest to fastest. Positive check-in required 60 minutes prior to the event in the prelim session. These events will be swum in 10 lanes.
6. All other events will swim prelims and finals. Prelims may swim in 9 lanes. There will only be one Championship Final to be swum in 10 lanes.
7. The qualifiers in the 1500, 800, 400, and 400 IM will be posted on the Web at www.FLAswim.com by Saturday evening, June 18th. Those who have entered but not qualified in these events, may chose another event(s). The Meet Director must be notified by email javfthomas@comcast.net, by FAX (954)468-5595, or by Phone (954) 468-5590, no later than Tuesday evening, June 22 at 8:00 PM EDT.

**Meet management reserves the right to adjust logistics, with the approval of the FG Age group Chairman,
in order to run an efficient meet.**

FOR ADDITIONAL INFORMATION CALL the FLA OFFICE at 954-468-5590

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TEAM INFORMATION and FINANCIAL RECAP (for teams not entering electronically)

Team Name _____ CODE _____

Address _____

City _____ State/Prov _____ Zip _____

Head Coach(es) _____

Assistant Coach(es) _____

Phone - Day (_____) _____ Evening (_____) _____

We are staying at the _____ E-mail _____

Hotel where you will be staying

10-Un Girls	_____ Swimmers	_____ Events	_____ Relays
10-Un Boys	_____ Swimmers	_____ Events	_____ Relays
11-12 Girls	_____ Swimmers	_____ Events	_____ Relays
11-12 Boys	_____ Swimmers	_____ Events	_____ Relays
13-14 Girls	_____ Swimmers	_____ Events	_____ Relays
13-14 Boys	_____ Swimmers	_____ Events	_____ Relays
15-16 Girls	_____ Swimmers	_____ Events	_____ Relays
15-16 Boys	_____ Swimmers	_____ Events	_____ Relays
Open Women	_____ Swimmers	_____ Events	_____ Relays
Open Men	_____ Swimmers	_____ Events	_____ Relays
TOTALS	_____ Swimmers	_____ Events	_____ Relays
	<u> X \$3 </u>	<u> X \$3 </u>	<u> X \$6 </u>
	_____	_____	_____

TOTAL TEAM ENTRY FEES: _____

*Please make checks payable to: **FORT LAUDERDALE AQUATICS***

2005 INTERNATIONAL AGE GROUP INVITATIONAL

ORDER OF EVENTS

WEST POOL

THUR-June 23		4:00 pm	Girls 'A'	Boys 'A'
1	Open	400 IM	TOP 40	
3	15-16	400 IM	TOP 40	
5	14&Und	400 IM	TOP 40	
7	Open	800 Free Relay	---	
9	15-16	800 Free Relay	---	
11	13-14	800 Free Relay	---	
10-minute break				
13	Open	800 Freestyle	TOP 120	
	15-16	800 Freestyle		
	14&Und	800 Freestyle		

FRI-June 24		8:30 am	Girls 'A'	Boys 'A'
15-16	13-14	50 Fly	36.50	34.50
21-22	10 & U	200 Free	2:58.69	2:52.39
23-24	11-12	200 Free	2:39.19	2:35.69
25-26	13-14	200 Free	2:32.59	2:24.99
31-32	10 & U	100 Back	1:35.29	1:33.69
33-34	11-12	100 Back	1:26.29	1:23.59
35-36	13-14	100 Back	1:20.09	1:15.09
41-42	13-14	200 Breast	3:11.99	3:02.39
47-48	10 & U	50 Free	36.49	36.19
49-50	11-12	50 Free	33.69	32.99
51-52	13-14	50 Free	32.79	30.59
57-58	10 & U	200 Free Relay	---	---
59-60	11-12	200 Free Relay	---	---
61-62	13-14	200 Free Relay	---	---

SAT-June 25		8:30 am	Girls 'A'	Boys 'A'
67-68	10 & U	200 IM	3:20.59	3:18.89
69-70	11-12	200 IM	3:00.19	2:58.09
71-72	13-14	200 IM	2:52.39	2:42.79
77-78	10 & U	50 Back	43.69	44.19
79-80	11-12	50 Back	39.19	38.79
81-82	13-14	50 Back	38.50	37.50
87-88	10 & U	100 Breast	1:47.09	1:45.99
89-90	11-12	100 Breast	1:33.79	1:33.59
91-92	13-14	100 Breast	1:29.09	1:23.59
97-98	10 & U	100 Fly	1:38.69	1:37.19
99-100	11-12	100 Fly	1:22.89	1:22.09
101-102	13-14	100 Fly	1:17.29	1:11.99
107-108	10 & U	200 Medley Relay	---	---
109-110	11-12	200 Medley Relay	---	---
111-112	13-14	400 Free*	TOP 40	TOP 40
117-118	13-14	200 Medley Relay	---	---

SUN-June 26		8:30 am	Girls 'A'	Boys 'A'
123-124	11-12	400 Free*	TOP 40	TOP 40
125-126	13-14	200 Back	2:51.39	2:41.59
131-132	10 & U	50 Breast	48.29	48.49
133-134	11-12	50 Breast	42.09	43.09
135-136	13-14	50 Breast	42.00	41.00
141-142	10 & U	50 Fly	42.09	40.99
143-144	11-12	50 Fly	36.59	36.59
145-146	13-14	200 Fly	2:49.49	2:39.89
151-152	10 & U	100 Free	1:21.89	1:20.59
153-154	11-12	100 Free	1:14.09	1:11.59
155-156	13-14	100 Free	1:11.09	1:06.59

EAST POOL

THUR-June 23		4:00 pm	Girls 'A'	Boys 'A'
2	Open	400 IM		TOP 40
4	15-16	400 IM		TOP 40
6	14&Und	400 IM		TOP 40
8	Open	800 Free Relay		---
10	15-16	800 Free Relay		---
12	13-14	800 Free Relay		---
10-minute break				
14	Open	1500 Freestyle		TOP 60
	15-16	1500 Freestyle		
	14&Und	1500 Freestyle		

FRI-June 24		8:30 am	Girls 'A'	Boys 'A'
17-18	15-16	50 Fly	36.00	34.00
19-20	Open	50 Fly	35.50	33.50
27-28	15-16	200 Free	2:29.39	2:18.99
29-30	Open	200 Free	2:28.09	2:16.29
37-38	15-16	100 Back	1:18.29	1:11.69
39-40	Open	100 Back	1:17.79	1:10.29
43-44	15-16	200 Breast	3:08.49	2:54.29
45-46	Open	200 Breast	3:08.59	2:50.39
53-54	15-16	50 Free	32.29	29.39
55-56	Open	50 Free	32.19	28.69
63-64	15-16	200 Free Relay	---	---
65-66	Open	200 Free Relay	---	---

SAT-June 25		8:30 am	Girls 'A'	Boys 'A'
73-74	15-16	200 IM	2:48.09	2:37.09
75-76	Open	200 IM	2:48.29	2:32.79
83-84	15-16	50 Back	38.00	37.00
85-86	Open	50 Back	37.50	36.50
93-94	15-16	100 Breast	1:27.69	1:20.59
95-96	Open	100 Breast	1:27.59	1:18.39
103-104	15-16	100 Fly	1:15.89	1:09.09
105-106	Open	100 Fly	1:15.19	1:07.29
113-114	15-16	400 Free*	TOP 40	TOP 40
115-116	Open	400 Free*	TOP 40	TOP 40
119-120	15-16	200 Medley Relay	---	---
121-122	Open	200 Medley Relay	---	---

SUN-June 26		8:30 am	Girls 'A'	Boys 'A'
127-128	15-16	200 Back	2:47.29	2:34.89
129-130	Open	200 Back	2:46.29	2:31.49
137-138	15-16	50 Breast	41.50	40.50
139-140	Open	50 Breast	41.00	40.00
147-148	15-16	200 Fly	2:44.69	2:32.19
149-150	Open	200 Fly	2:42.39	2:29.49
157-158	15-16	100 Free	1:09.59	1:04.09
159-160	Open	100 Free	1:09.19	1:02.69

SPECIAL NOTES ABOUT THE MEET

- Total number of individual entries is 9 (plus relays).
- There will be no Women's 1500 or Men's 800.
- Number of entries in the 1500, 800, 400, and 400 IM:
 - Men's 1500: Top 60
 - Women's 800: Top 120
 - Men's & Women's 400 Free: Top 40 / age group
 - Men's & Women's 400 IM: Top 40 / age group
- Scoring and awards are through 10th place.
- Individual High-Point Awards – NEW!!!
- Teams awards in Women-Men-Combined categories.
- Teams entering 20 or more swimmers are asked to bring one USA Swimming Certified Official. Each official will be afforded free parking, hospitality, meet polo shirt and other complimentary items. Uniform for officials will be white shirt and KHAKI shorts, slacks or skirt (as appropriate).
- Teams entering 20 or more swimmers are asked to offer personnel to assist with timing at the event. We will be competing in as many as 20 lanes and would appreciate the help. Anyone assisting with timing will be afforded hospitality, volunteer T-shirt and other complimentary items.
- For hotel-lodging information go to the City of Fort Lauderdale website at www.fortlauderdale.gov/flac and click on link.

Please read all the meet information closely.

NEED SHADE FOR THE EVENT?

Contact: Rose Marie, Diane or Lori at

Tents 'N Events
(954) 979-7456

You **must** notify the Aquatic Complex at (954) 828-4579 if you reserve a tent. Space is at a premium around the pool deck and placement **must** be determined prior to your arrival at the facility to handle everyone's needs.